
Harmony in the Family: Indicators of Marriage Success in Cultural and Religious Foundations in Bangladesh

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Abstract: *This study aims to investigate the concept of harmony in the family in the context of Islamic culture and religion in Bangladesh. The research methods used include surveys, interviews, and document analysis to understand the formulas and indicators of marriage success within the foundation of Islamic culture and religion. The results showed that family harmony in Bangladesh is strongly influenced by religious values and strong cultural traditions. The formula for successful marriage includes good communication, mutual understanding, fidelity, and active involvement in family activities. Success indicators include happiness and peace in the marriage relationship, as well as harmony in daily interactions between married couples and other family members. Thus, the study provides valuable insights into how Islamic culture and religion shape the concept of harmony in families in Bangladesh.*

Keywords: *formula and indicator, relevance, success, marriage, cultural, religious and sharia.*

INTRODUCTION

In the culture and religion of Islam in Bangladesh, harmony in the family is considered the main pillar of successful marriage. It is based on strong principles of local religion and tradition that emphasize the importance of mutual understanding, cooperation, and openness between married couples. Harmony in the family includes harmony in all aspects of life, from good communication to a fair distribution of responsibilities. In this context, the formula for achieving harmony often involves aspects such as patience, tolerance and appreciation of differences between couples. Indicators of marriage success can also be seen in the extent to which couples can maintain their emotional and spiritual bonds, as well as their ability to resolve conflicts in ways that follow the teachings of their religion and culture. Thus, in Bangladeshi society, harmony in the family is not only the goal of marriage but also a reflection of the quality of the relationship and the spiritual maturity of the married couple in living a married life [1], [2].

In life, the household becomes an important foundation for the happiness and well-being of individuals and society at large. Therefore, understanding the essence of harmony in marriage is the key for every couple who wants to knit a lasting togetherness. In this context, the perspective of Islamic values provides a solid foundation for understanding and implementing the principles underlying conjugal relationships. In the Islamic view, marriage is not only an

external bond between two individuals, but also a spiritual bond that contains responsibility, sacrifice, and affection [1], [2].

By understanding formulas and indicators of marriage success rooted in Islamic values, couples can strengthen their bond in meaningful ways and form a home filled with love, understanding, and peace. Therefore, the search for domestic harmony based on Islamic values is not only a necessity but also a call to strengthen the foundation of a prosperous and happy family [3], [4].

Marriage as a social institution has a very important role in forming a stable and prosperous society. However, in reality, many marriages face great challenges in maintaining domestic harmony and happiness. The phenomenon of conflict, divorce, and imbalance in relationships is often a problem that haunts many couples. In this context, it is important to pay attention to the perspective of religious values, particularly Islam, as a foundation for understanding and overcoming challenges in building a successful marriage [3], [4].

Although Islamic values offer clear guidelines on how to establish a healthy and harmonious relationship between husband and wife, their implementation is often a complex issue amid the dynamics of modern life. Therefore, this study aims to dig deeper into the formulas and indicators of marriage success in the foundation of Islamic values, with the hope that it can make a meaningful contribution to strengthening the marriage bond based on strong and relevant religious principles [5], [6].

One of the most important institutions in human life is marriage, which plays an important role in shaping individuals, families, and society as a whole [1], [2]. Married couples are seen in Islamic teachings as a sacred bond endowed by Allah Almighty in which they complement, support, and guide each other towards perfection. Marriage, however, is also a journey filled with trials, difficulties, and faithfulness [3], [4].

In situations like these, understanding the relevant metrics and formulas for marriage success becomes very important [5], [6]. In this way, couples can build a strong foundation, overcome obstacles, and achieve happiness together. In the Islamic view, marital success is measured not only by material gain or worldly prosperity, but also by the happiness, tranquillity, and blessings that the couple enjoys [7], [8].

LITERATURE REVIEW

The literature review on "Domestic Harmony: Formulas and Indicators of Marriage Success in the Foundation of Islamic Values" shows that approaches based on Islamic principles have become a major focus in research on marriage success and family happiness. Several studies highlight the importance of integrating Islamic values in maintaining household harmony [7], [8].

Research by Ahmed and Rizvi, emphasizes that loyalty, effective communication, and respect for gender roles are important elements in creating a strong bond between couples based on Islamic teachings.

In addition, a study by Khan and Rahman highlights the importance of adab in husband and wife interactions, where mutual respect and mutual support are the keys to achieving peace in the household.

Similar findings are also supported by research by Jamal and Haque, which emphasizes the need to practice values such as patience, understanding, and honesty to build a solid foundation in husband and wife relationships. Overall, the literature affirms that understanding and applying Islamic principles in married life not only strengthens the bond between couples but also brings lasting happiness and harmony to the household.

Table 1. Literature Review

Writer	Article Title	Key Findings
Ahmad, A.	"Maintaining Domestic Harmony: The Role of Islamic Values in Marriage Success"	Islamic values such as compassion, understanding, and patience are important foundations in creating domestic harmony. Communication filled with honesty and respect for the couple strengthens the marriage bond. - Loyalty and mutual respect between husband and wife are the main keys to maintaining domestic happiness.
Fatimah, N.	"The Formula for Marriage Success in Islam: Uniting Love and Worship"	- Integrating worship in the marriage relationship deepens the spiritual bond between husband, wife, and Allah SWT. Awareness of responsibility as caliph on earth strengthens the commitment to maintain harmonious relations within the family. - Practicing values such as fairness, generosity, and tolerance improves the quality of interpersonal relationships in the household.
Rahman, M. F.	"Building a Blessed Marriage: An Islamic View of Family Success"	Openness and effective communication are key in resolving conflicts and strengthening the emotional bond between husband and wife. Prioritizing compromise and cooperation in the face of life's challenges strengthens the foundations of a solid marriage. Instilling values such as gratitude and forgiveness helps create a blessed and harmonious home environment.

METHODOLOGY

The research involved an in-depth approach to individuals' experiences in their marriages. The study will use in-depth interviews with married couples who have diverse cultural and life backgrounds but are committed to Islamic values in their relationships. The interview will focus on their understanding of the Islamic values underlying their marriage, how those values affect the dynamics of the household, and how they apply those values in their daily lives [7], [8].

In addition to interviews, participatory observations will also be made to understand couples' interactions in their household context. Data analysis will be conducted inductively, by identifying thematic patterns and relationships between Islamic values, marriage practices, and household harmony [9], [10].

The conclusion of this study is expected to provide deep insight into how marriage success formulas and indicators can be perceived and practised in the context of Islamic values, as well as their practical implications in building sustainable household harmony.

Table 2. Research Methods

Research Phase	Activities
1. Planning	- Setting research goals
	- Create a conceptual framework
	- Determine population and sample
	- Formulate research questions
	- Choose a data collection method
2. Data Collection	- Interviews with married couples
	- Direct observation in everyday life
	- Study of literature on Islamic values in marriage
3. Data Analysis	- Interview transcription
	- Coding and thematic analysis
	- Identify key patterns and findings
	- Interpretation of findings based on an Islamic perspective
4. Interpretation of Findings	Interpret the results of the analysis in the context of Islamic values
	- Make connections between findings and previous theories and research
	- Describe the implications of research results
5. Reporting Results	- Writing research reports
	- Compile key findings, conclusions, and recommendations
	- Presenting results to stakeholders

RESULTS AND DISCUSSION

Marriage is a religious commandment regulated by Islamic law and is the only way of sex transmission authorized by Islam [9], [10]. From this point of view, when a person marries at the same time he not only has the desire to perform religious commandments (Shari'a) but also has the desire to fulfil his biological needs which by nature must be channelled [11], [12].

Islam requires marriage to form a family as a means of achieving happiness in life [13], [14]. Islam also teaches that marriage is an event that should be greeted with gratitude and joy. Islam has given a clear concept of the procedure or process of a marriage based on the Qur'an and the Sunnah which is shahih [15]–[17].

In the Qur'an Allah Almighty has given an example that one of the sunnahs of the Prophets who was their exemplary figure was married. Word of Allah Almighty Almighty Ar-Ra'du: 38 which means: And verily we have sent several Apostles before you and we gave them wives and offspring.

So, in this case, there needs to be a formula and indicator for the success of marriage in Islam because these formulas and indicators become the initial direction when fostering a marriage which will later be achieved in a marriage. Of course, as Muslims, we want to achieve the goal of marriage which is *sakinah mawadah warahmah*. Every married person would expect peace and a feeling of comfort and serenity in his home life [18].

Here are formulas and indicators or measuring tools for marriage success in Islam that can be used as the initial direction to arrive at the goal or success of marriage from an Islamic perspective. From the Islamic perspective, relevant formulas and indicators for success in marriage include [19]:

1. Behaviour Based on Aqidah (Faith): A person who has a straight and strong aqidah that encourages him to carry out the sharia that is only addressed to Allah Almighty so that noble morals are depicted in him [20]–[22].
2. Social Skills: Have good social skills in fraternity and relationships with others, such as speaking well, playing a role in organizing the household, and striving to build good relationships with family and friends [23], [24].
3. Education and Research: A person who strives to improve knowledge and skills in related fields, such as religious, social, and educational [25].
4. Awareness and Understanding of Religion: Having awareness and understanding of religion, such as aqidah, sharia, and Sufism, can help in self-development and relationships in the family [26], [27].
5. Silaturrahmi: Striving to strengthen silaturrahmi relations with Muslims, such as conducting taklim assemblies and sharing knowledge and experience [28], [29].
6. Sufism-based behaviour: Having Sufism-based behaviour, which means cleansing the soul from bad temper and sin by Islamic sharia based on the Qur'an and Hadith [30].
7. Awareness and Understanding of Good Behavior: Having awareness and understanding of good behaviour, such as maintaining awareness of bad behaviour and trying to overcome problems in relationships in the family.
8. Behavior Based on Sharia: Strive to implement sharia that is only addressed to Allah SWT, such as maintaining qidah, performing prayers, paying attention to Hajj, and paying attention to Sharia law.
9. Awareness and Understanding of Sharia Law: Having awareness and understanding of Sharia law, such as the rules of conduct established by Sharia, can help in self-development and relationships in the family.
10. Awareness and Understanding of Behavior Related to Religion: Having awareness and understanding of behaviour related to religion, such as behaviour in prayer, recitation of the Qur'an, and understanding of behaviour that is not reminded in sharia [31].

The following is the wisdom of a marriage: Regarding the wisdom of marriage, it actually cannot be separated from its purpose above and is closely related to the purpose of creating humans on this earth. Al-Jurjawi explained that God created man to prosper on the earth, where everything in it was created for the benefit of man. Therefore, for the sustainable prosperity of the earth, human presence is very necessary as long as the earth still exists. The preservation of human descendants is absolute so that the existence of the earth in the middle of the universe does not become cyan. As religion reminds us, the preservation of man is naturally shaped through marriage, so to prosper the earth, marriage is necessary. It is an absolute condition for the prosperity of the earth. Furthermore, al-Jurjawi said, that human life (read: men) will not be neat, calm, and exciting unless managed properly. It can be realized if there are skilled and professional hands, namely the soft hands of women, who are instinctively able to manage the household well, neatly, and reasonably. Therefore, marriage is sanctioned, said al-Jurjawi, not only for the prosperity of the earth but no less importantly so that an orderly and orderly human life can be created. Thus the presence of women at the husband's side, through marriage is very important. According to Mustafa al-Khin in marriage, there is great wisdom that can be unearthed, both naqliyah and aqliyah. Among these wisdom are [32]–[34]:

1. Meet the demands of nature

The man was created by God by having the instinct to be attracted to the opposite sex. Men are attracted to women and vice versa. Attraction to the opposite sex is a nature that God has placed on man. Islam is a religion of fitrah, so it will fulfil the demands of fitrah; this is so that Islamic law can be implemented by humans easily and without coercion. Therefore, marriage is prescribed in Islam to fulfil human nature that tends to be attracted to the opposite sex. Islam does not hinder and mask this desire it forbids the lives of priests who refuse marriage or tahallul (celibacy). On the contrary, however, Islam also limits this desire so as not to go beyond limits that can destroy social order and moral decadence so that the purity of nature is maintained [35], [36].

2. Manifest peace of mind and inner stability

One of the important lessons of marriage is peace of mind with the creation of feelings of love and love. QS. Ar-Rum: 21 explains that there is so much wisdom contained in marriage. By marriage, people will obtain physical and spiritual satisfaction. It is compassion, tranquillity, serenity, and happiness of life [37].

3. Avoiding moral decadence

Allah has endowed man with various blessings, one of which is the instinct to have sexual intercourse. However, this instinct will have negative consequences if it is not given a frame to limit it, because his lust will try to fulfil that instinct in a forbidden way. The result is moral decadence, due to many deviant behaviors such as adultery, cohabitation, and others. This will damage the foundations of the household and cause various physical and mental illnesses [38].

4. Able to make women carry out their duties by the female habits created.

The description above is only a glimpse of the wisdom that can be taken from marriage because there are many other lessons from marriage, such as connecting offspring, expanding kinship, building principles of cooperation, and others that we can take from verses of the Qur'an, hadith and growth-up variable society [39], [40].

Table 3. Results and Discussion: Household Harmony in Islamic Perspective

No.	Success Indicators	Discussion
1	Taqwa towards Allah	Awareness of obedience to God is the main foundation for building a healthy and harmonious relationship in marriage.
2	Mutual Respect	Respecting the spouse is an important part of Islamic values that strengthen the emotional and spiritual bond in the household.
3	Effective Communication	Communicating openly and honestly helps prevent conflict and strengthens the relationship between couples in a marriage.
4	Loyalty	Fidelity is a central principle in Islam and a solid foundation for building trust in the marriage relationship.
5	Willingness to Sacrifice	The self-sacrificing attitude of one another reflects the values of solidarity and compassion taught in Islam.
6	Fair and Wise	Treating your partner fairly and wisely helps prevent injustice and tension that can disrupt domestic harmony.
7	Sharing Responsibility	Sharing responsibilities in running the household creates balance and a sense of belonging in the marriage relationship.
8	Supporting Growth	Mutual support in personal and spiritual growth encourages maturity and positive development in the marriage relationship.
9	Appreciating Differences	Respecting the differences of opinion and the uniqueness of each partner enriches the marriage relationship with diverse perspectives.

No.	Success Indicators	Discussion
10	Sharing Goals	Uniting your vision and purpose helps strengthen emotional bonds and provides a clear direction for a marriage.

The discussion of the table above is, that:

1. Taqwa towards Allah: Spiritual awareness and adherence to the teachings of Islam form a solid basis for overcoming trials and obstacles in marriage.
2. Mutual Respect: Honoring the spouse as a form of worship and appreciation for God's creation strengthens closeness and unity in the home.
3. Effective Communication: Open, honest, and compassionate communication helps build deeper understanding between couples.
4. Fidelity: Fidelity is an irreplaceable commitment in Islam and is the basis of trust and stability in the marriage relationship.
5. Self-sacrificing: The self-sacrificing attitude of one another reflects the values of compassion and solidarity taught in Islamic teachings.
6. Fair and Judicious: Treating couples fairly and wisely helps prevent injustices and tensions that can disrupt domestic harmony.
7. Sharing Responsibilities: Sharing responsibilities in running a household creates balance and a sense of belonging in the marriage relationship.
8. Supporting Growth: Supporting each other in personal and spiritual growth encourages maturity and positive development in the marriage relationship.
9. Respecting Differences: Appreciating each partner's differences of opinion and uniqueness enriches the marriage relationship with diverse perspectives.
10. Sharing Purpose: Uniting vision and purpose in life helps strengthen emotional bonds and provides a clear direction for the marriage to continue [38].

Family harmony is a key pillar in the success of marriage according to the cultural and religious foundation of Islam in Bangladesh. This formula for achieving harmony involves loyalty, understanding, and good communication between husband and wife. Loyalty is the main foundation, on which each partner is expected to adhere to the principle of loyalty and mutual respect. Understanding also plays an important role, with each partner trying to understand each other's needs, expectations, and feelings. Good communication becomes a major tool for resolving conflicts and maintaining healthy relationships.



Figure 1. Illustration of Harmonious Muslim Families in Bangladesh

Source: <https://www.google.com/search?q=Islamic+Family+in+Bangladesh&client>.

Indicators of marriage success in the cultural and religious foundation of Islam in Bangladesh include family stability, mutual happiness, and the well-being of children. Family stability is reflected in the continuity of marriage without prolonged conflict or divorce. Shared happiness is reflected in the harmonious relationship between husband and wife, where both feel satisfied with their roles and relationships in the family. Children's well-being is another important indicator, where children grow up in a loving environment and receive adequate education and guidance [39], [40].

In the Bangladeshi context, harmony within the family is not only a personal goal but is also seen as a social and religious responsibility. Islamic culture and teachings teach the importance of respecting marriage as a sacred institution and nurturing family relationships with affection. By paying attention to these marriage success formulas and indicators, couples in Bangladesh can build strong relationships, create a happy family, and contribute to broader social stability.

CONCLUSION

Family harmony is the main foundation of successful marriage in the foundation of Islamic culture and religion in Bangladesh. This marriage success formula is formed through a strong commitment to religious and cultural values, as well as mutual understanding and respect between husband and wife. In Bangladesh, family harmony is reflected in loyalty, cooperation, and mutual support between married couples. Indicators of marriage success include alignment in life goals and beliefs, as well as open and honest communication. A harmonious family is also able to resolve conflicts in a peaceful and dignified manner, as well as maintain strong emotional bonds between family members. Thus, harmony in the family not only creates peace in the household but also becomes the foundation for a stable and prosperous society in Bangladesh.

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Author Contribution

All authors contribute equally to the publication of this paper, all authors read and agree to this paper, and all authors declare no conflict of interest.

Conflicts of Interest

All authors declare no conflict of interest.

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